



The National Bicycling and Walking Study

Transportation Choices for a Changing America

Title Page, Table of Contents and Executive Summary (2.2 MB)

- Foreword
- Title Page
- Table of Contents
- Executive Summary

Chapter 1 (0.9 MB)

- Introduction
- Background for the Study
- Report Focus and Layout
- References

Chapter 2 (4.4 MB)

- Bicycling and Walking in the United States Today
- Current Levels of Bicycling and Walking
- Benefits of Increased Bicycling and Walking
- Factors Influencing the Decision to Bicycle or Walk
- Potential for Increasing Levels of Bicycling and Walking
- Program Objectives – A framework for Action
- References

Chapter 3 (1.5 MB)

- Federal Action Plan
- Past Activities
- Future Action Items for the U.S. Department of Transportation

Chapter 4 (4.0 MB)

- Action Plans and Programs at the State Level
- The Concept of Institutionalization
- Examples of Successful State Programs
- Action Plan for States
- Measures of Successful Programs
- Summary
- References

Chapter 5 (4.9 MB)

- Action Plans and Programs at the Local Level
- Examples of Successful Local Programs
- Local Action Plan
- Measures of Successful Programs
- Summary
- References

Chapter 6, Appendices and Back Cover (1 MB)

- A Vision of the Future
- Appendix A: 24 Case Study Reports
- Appendix B: Foreign Experiences
- Back Cover